



Keep an eye out  for our Event Flyers

APRIL 2025



✉ equilibrium@paradisestronger.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1 Walking for Wellness 8:30AM Club Interact 3:00pm-4:00pm	2	3	4	5
6 Cooking Class 2pm-4pm \$15PP MUST PRE-REGISTER 	7 Launch Your Healthy Life 6:00pm-7:00pm	8 Walking for Wellness 8:30AM Club Interact 3:00pm-4:00pm	9 ROCK some EGGS - Painting 1:30pm-4:30pm	10	11 Stronger Families Indoor Play Day 9:30a-11:30a Private Event 5pm-9pm	12 Ridge Hiking Association Table Mountain  ELOP 8am-5:30pm
13 Yoga and Tea 11am-1pm \$10pp MUST PRE-REGISTER ROCK EGG HUNT 10am Private Event 2pm-5:30m	14 Launch Your Healthy Life 6:00pm-7:00pm	15 Walking for Wellness 8:30AM Club Interact 3:00pm-4:00pm	16 ELOP 8am-5:30pm 	17 ELOP 8am-5:30pm 	18	19 Private Event 5pm-8pm
20 HAPPY EASTER	21 Launch Your Healthy Life 6:00pm-7:00pm	22 Walking for Wellness 8:30AM Club Interact 3:00pm-4:00pm	23 Blooming Together - Floral Party PUSD Health & Wellness Resource Center Mindful Yoga \$10pp 6:30pm-7:30pm	24	25 Love Paradise Make a Difference Day Stronger Families Indoor Play Day 9:30a-11:30a Building Block A-thon 3:30pm-6:30pm MUST PRE-REGISTER	26 GOLD NUGGET DAYS
27 GOLD NUGGET DAYS	28	29 Walking for Wellness 8:30AM Club Interact 3:00pm-4:00pm	30 Dinner with a Doc 6:30pm \$10pp	1	2 MUST PRE-REGISTER	3 ELOP 8am-5:30pm  PHS Cheer Carwash



More information and EVENT REGISTRATION here >>>

Special Events >>



A Simple Gesture aka Green Bag >>



Private Party Rentals >>



Ridge Hiking Association >>



Launch Your Healthy Life >>

