

Keep an eye out  
for our Event Flyers

# March

**PARADISE  
STRONGER**

**EQUILIBRIUM**  
COMMUNITY WELLNESS CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Community Day 2:30PM-5PM \$5 donation	6 Student Safety RidgeView HS 1PM Club Interact- 3-4:30PM Launch Your Healthy Life 6:30PM-7:30PM	7	8 The Hustle Dance Class 6:30-7:30PM	9 Community Hike Collapsed Mine Trail Yoga with Liz Private Event 5PM-8PM
10 Private Event 11AM-1PM Kids Cooking Class *Event Full* 3:30-4:30P	11	12 Community Day 2:30PM-5PM \$5 donation	13 Club Interact 3-4:30PM Launch Your Healthy Life 6:30PM-7:30PM	14	15 ELOP 8am-5:00pm Dance Class 6:30-7:30PM	16 ELOP 8am-5:00pm
17 Sun Salutation Yoga - 9AM-10AM Advanced Class <b>ST. PATRICK'S DAY</b>	18	19 Community Day 2:30PM-5PM \$5 donation	20 Club Interact 3-4:30PM Launch Your Healthy Life 6:30PM-7:30PM	21	22 The Hustle Dance Class 6:30-7:30PM	23 A SIMPLE GESTURE Thank You Green Bag Pick-up
24 Cooking Class 2PM-3:30PM Egg bites & side/\$15pp	25	26 Community Day 2:30PM-5PM \$5 donation	27 Club Interact 3-4:30PM Launch Your Healthy Life 6:30PM-7:30PM	28 Vitalant Blood Drive 2:30PM-7PM	29 FREE Youth Night 5:30-9PM	30
31 Happy Easter						

\*For full event details and pricing, please visit us at:  
[www.paradisestronger.org/equilibrium.html](http://www.paradisestronger.org/equilibrium.html)  
Contact: [equilibrium@paradisestronger.org](mailto:equilibrium@paradisestronger.org)

